



**Planning** helping develop a person centred plan and a support plan.



**Service Design** designing the service the person wants, individual to their needs and achievable within their budget . Assistive technology can also help people live more independently.



**Employing Staff** On completion of your support plan HFT can help you and your family to find the right staff, train, manage, supervise those staff and find cover at times that suit you. We can also offer advice on how to design the best service for you.



**££ Money** we can help you keep up to date financial records to help you keep track of your budget ensuring it does meet all needs.



**Housing** we can help you look at all the options – renting; shared ownership; or finding a housemate



**Not a big change but a lot more control** where people already have services that they don't want to change much, but want to have more of a say. HFT can help by making sure there is a plan and that everyone is committed to it.



**Employment** HFT can liaise with services that help people get a job, or support a person into employment if they can't get the right support from someone else.



**General Support and Co-ordination** HFT can help by talking to the relevant people (possibly Social Services or the Health Authority) to resolve issues.

## SELF DIRECTED SUPPORT PROJECT

# Your Life, Your Say, Your Way

HFT is offering new and creative ways to support families and individuals to develop services which they can control. In essence to ensure people are able to lead the lives they want. Our self directed support service can be used by anyone with a learning disability who needs some support with getting In Control of their life. People may be living at home with family and beginning to think about living more independently, or some help is wanted to get a job or make new friends. Whatever the circumstances our service aims to help people achieve the important things they want from life. HFT is helping people in many ways:

*HFT can help people a lot, or just a little. We are flexible and creative to help meet people's needs.*



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